

# WINTER '22 SAFETY PLAN



- Sean Janson is point of contact for all Covid-19 related matters.
- All Washington Timbers FC activities will comply with the State of Washington Professional Sports & Other Sporting Activities COVID-19 Requirements for activities in Washington and the Oregon Health Authority Statewide Reopening Guidance - Recreational Sports, Limited Return to Play for Specified Sports requirements for activities in Oregon.

**As of now, the WA State Governor's Office and Department of Health are NOT requiring players, coaches, or spectators to wear masks at training or games, although they may choose to wear one. Physical distancing among spectators is strongly encouraged. Washington Timbers FC will continue to follow the guidance of these two offices with regards to the health and safety of players. Should any new guidelines come out that effect players, coaches, or spectators at training or games, this document will be updated and redistributed.**

## **IN CASE OF A POSITIVE COVID-19 DIAGNOSIS:**

When an athlete or coach is diagnosed with COVID-19:

- Have the player stay home and isolate for 10 days. Notify Covid Contact.
- If the infected person was in contact with their team within 48 hours of diagnosis (date of positive test or date of symptom onset) – whichever was earlier), we will notify the parents/guardians that "someone" on the team has tested positive for the virus (we will not reveal name of infected individual). Outdoor soccer activities are considered low risk exposures and do not require quarantine unless >15 minutes of contact with the infected individual within 6 feet over 24 hours, or other special circumstances (ie, carpool, social or indoor exposure). Each person may choose to be tested for COVID-19 (especially non-vaccinated players). The infected person can end quarantine after 5 days with proof of negative test on 5th day after positive test. Proof of test must be emailed to [sean.janson@washingtontimbers.com](mailto:sean.janson@washingtontimbers.com)
- If the infected player played in a game with their team within 48 hours of diagnosis, our Club COVID Contact will notify the opposing team immediately.
- Infected player cannot return to practice or games until they have written medical clearance from their physician.
- Disinfectant all equipment.

## **CLUB RESPONSIBILITIES:**

- Provide opponents with any rules that are specific to our fields to be shared with visiting teams.
- If possible, have separate ingress and egress points to minimize traffic flow coming into and leaving the field/complex. Send to opponents.
- Provide adequate field space for social distancing.
- Keep attendance for which players are at every game.
- Have an effective communication plan in place, identify strategies for working with public health to notify adult leaders, youth, and their families if the organization learns a participant or adult leader has developed COVID-19 and may have been infectious to others while at a youth activity, while maintaining confidentiality as per law.
- Have an action plan in place, in case of a positive test (steps listed below in case of positive case)
- Train and educate all staff to protocols and requirements, including state and local regulations, CDC recommendations, and other necessary information.
- Inform coaches, players, and parents, all league protocols, policies, and expectations around training and game days.
- Inform referees about all league protocols, policies, and expectations around game day.
- Communicate any cancelations or shutdowns as quickly as possible to all team administrators and club leadership.
- COVID contact person will communicate with opposing teams and referee assignor should a positive case arise around a game weekend.
- Communicate with coaches, players and parents that COVID-19 protocols will follow local public health and CDC guidelines.

## **COACH RESPONSIBILITIES:**

- No coach that is sick or has signs or symptoms suggestive of COVID-19 should attend.
- Maintain physical distance (>6 feet) as much as possible.
- Make sure that your team has left the field within 5 minutes of the game ending.
- Clustering of players should be avoided. There should be no gathering before or after the game by players. Coaches should not assemble their teams closely together for instruction.
- No handshakes or fist bumps during or after the game.

## **PLAYER RESPONSIBILITIES:**

- No player that is sick or has signs or symptoms suggestive of COVID-19 should attend.
- Wait until prior game's teams have vacated the bench area before entering the space.
- Soccer bags should be placed at least 6 feet apart from one another where possible.
- Use hand sanitizer before and after the game.
- Clustering of players should be avoided.
- No handshakes or fist bumps during or after the game.

## **PARENT/GUARDIAN RESPONSIBILITIES:**

- No parent/guardian/caregiver or player that is sick or has signs or symptoms suggestive of COVID-19 should attend.
- Spectators should remain socially distanced as much as possible.
- Do not loiter around field. Avoid gathering of people.
- Spectators viewing games should do their best to socially distance from spectators from other households or wear masks while viewing games.